



# Westmead Private Hospital



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## Stage 3 Development

Stage 3 of our major development plan is underway and is due to be completed in 2022. It will include:

- 28 additional beds
- 2 operating theatres
- 13 consulting suites
- 2 cath lab upgrades



In 2019, Westmead Private Hospital completed a luxury maternity unit expansion. Key features included new rooms, an additional birthing suite, education and lactation areas, garden space and a special care nursery expansion.



In 2017, Westmead Private Hospital completed the first stage of its development, which resulted in an upgraded Day Surgery and Admissions Unit, an additional operating theatre and an expansion to our Intensive Care Unit.

## Westmead Private Hospital

Westmead Private Hospital opened in October 2000 and is owned and operated by global health care group, Ramsay Health Care. We cater for a broad range of health care needs from day surgery procedures through to highly complex surgery.

The 192 bed private hospital is co-located with Westmead Hospital and Westmead Children's Hospital and is a teaching hospital of the Western Clinical School of the University of Sydney. We are proud to offer 100% single rooms throughout the hospital.

Our highly respected surgeons work with our team of skilled nurses and allied health professionals to provide the highest standard of personalised care to all our patients. The team work together to ensure our patient's needs are met prior to admission, whilst in hospital and following discharge.

### **Our hospital encompasses:**

- 13 operating theatres
- 2 state-of-the-art cardiac catheterisation laboratories
- 16 bed Intensive Care Unit
- 7 Birthing Suites
- 14 cot Special Care Nursery
- 8 bed Paediatric Ward
- Day Surgery Unit

### **On-site:**

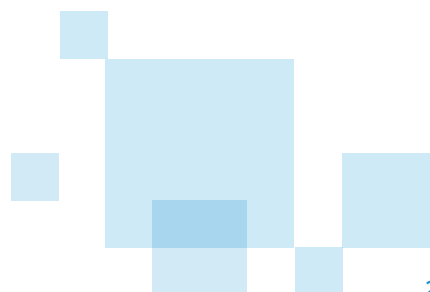
- 'Mons on Darcy' Cafe
- Radiology
- Pathology
- Specialist Consulting Suites
- Florist
- Pharmacy

### **Centre of Excellence in Metabolic and Bariatric Surgery**

Westmead Private Hospital is accredited as a Centre of Excellence in Metabolic and Bariatric Surgery. This accreditation signifies our ability to consistently deliver the safest, highest-quality care to our patients.

### **The hospital's specialties include:**

- Bariatric Surgery
- Breast Surgery
- Cardiac Surgery
- Cardiology
- Cardiothoracic Surgery
- Colorectal Surgery
- Cosmetics & Plastic Surgery
- Ear, Nose & Throat Surgery
- Faciomaxillary & Dental Surgery
- Gastroenterology
- General Physician
- General Surgery
- Gynaecology
- Haematology
- Hand Surgery
- Head & Neck Surgery
- Infectious Diseases
- Interventional Neuroradiology
- Musculoskeletal Surgery
- Neonatology
- Neurology
- Neurosurgery
- Obstetrics
- Oncology
- Ophthalmology
- Orthopaedic Surgery
- Paediatric Surgery
- Plastic & Reconstructive Surgery
- Radiology
- Respiratory Physician & Sleep Studies
- Robotic Surgery
- Sleep Studies
- Spinal Surgery
- Urology
- Vascular Surgery





“The care in ICU was exceptional and really helped me to have a good sense of wellbeing despite feeling quite apprehensive and vulnerable.”



## Allied Health Services

Westmead Private Hospital offers a comprehensive range of on-site allied health services including:

- Physiotherapy
- Speech Pathology
- Breast Care Nurse
- Pathology
- Interpreter services
- Dietician
- Stomal Therapy
- Radiology
- Pharmacy

## Day Surgery

Westmead Private Hospital's multidisciplinary Day Surgery Unit underwent a multi-million dollar revamp in 2017, enabling a more personal day surgery experience for our patients. Westmead Private Hospital's day surgery unit offers skilled specialist services for adult patients to have their procedure without the need for an overnight stay. Although, the option to stay overnight is available if required. This unit has access to the hospital's 13 operating theatres and has a comfortable discharge lounge. The unit specialises in a wide range of surgical disciplines which include but are not limited to:

- Endoscopy
- Colonoscopy
- Orthopaedics
- Plastic, cosmetic & reconstruction
- Ophthalmology
- Dental
- Gynaecology
- Minor general surgery
- Skin cancer

## Paediatric Unit

Westmead Private Hospital has a dedicated Paediatric Unit consisting of two 4 bed rooms allowing for close observation of our patients. The Unit is staffed by experienced and caring Paediatric Nurses and parents are encouraged to stay with their child during their hospitalisation.

We hold monthly orientation tours for paediatric patients and their parents/guardians on one Saturday morning each month. Participation in the orientation tour can help parents and their child to gain a better understanding of what will happen during their stay. We also offer a paediatric patient journey video to help educate and prepare patients before hospital admission.

For orientation tour dates and times please visit our website:  
**[www.westmeadprivate.com.au](http://www.westmeadprivate.com.au)**

## Intensive Care Unit

**Westmead Private Hospital's Intensive Care Unit (ICU), admits more than 1500 patients annually, making it one of the busiest private ICU's in Australia.**

Westmead Private Hospital's Intensive Care Unit (ICU) is a 16 bed, level 2 unit, accredited with the College of Intensive Care Medicine (CICM). It provides care for a wide variety of medical and surgical conditions.

The Unit has long-standing expertise in the management of patients after neurosurgery and open-heart surgery and also manages a wide mix of patients after other complex surgery. Our ICU provides specialised care for patients who require constant monitoring, intensive nursing care and advanced respiratory, cardiac and renal support therapies.

Our ICU is one of the few private units specialising in the management of older children (10 years and above) following spinal, thoracic and paediatric surgery. Unique to Westmead Private, two of our Intensive Care Consultants are qualified in Paediatric Intensive Care. Our dedicated ICU team consists of 6 Intensive Care Consultants, specialised nurses and an ICU registrar.

## Cardiac Catheter Suites

We offer two state-of-the-art cardiac catheter suites featuring the most sophisticated, automated digital medical imaging equipment. We can perform the very latest tests and procedures in the diagnosis and treatment of heart disease.



**A/Prof Lloyd Davis (Cardiologist) and the Cath Lab Team**

## Maternity Services

Each year Westmead Private Hospital welcomes over 2,300 babies into the world. We demonstrate a leading and innovative approach to outcome-focused care for women and their families prior to, during and after childbirth.

New parents will enjoy the modern conveniences and perks of a luxury hotel when they experience Westmead Private Hospital's maternity unit, after it underwent a multi-million dollar revamp in 2019. The Maternity Unit has a strong emphasis on assisting new families in the journey of parenthood, with comprehensive postnatal education provided by our maternity team.

Westmead Private has the unique advantage of being co-located with both Westmead Hospital and Westmead Children's Hospital. This allows us to provide our patients with the highest standard of private hospital care whilst having access to tertiary level care facilities if required.

### The Maternity Unit comprises:

- 7 birthing suites
- 46 bed post-natal ward with all rooms offering private ensuite and accommodation for partners
- 8 deluxe Parenting Suites
- Dedicated education and lactation feeding areas

We also offer the security of a 14 cot special care nursery and adult intensive care should the need arise.

## Parenting Suites

Parenting Suites offer couples the opportunity to stay together in hospital after the birth of their baby. They are designed to enhance the postnatal experience by enabling partners to stay together and be totally involved in the care of their newborn baby.

### Parenting suites include:

- Large luxury hotel style room
- Queen size bed
- All meals for mum and support person
- Gourmet hamper
- WPH Mums branded bath robe
- Daily newspaper

Please note there is an additional cost for our parenting suites

## Maternity Tours

Tours of our Maternity Unit are offered on Wednesday at 6pm, Saturdays at 3.30pm and Sundays at 3.30pm, meeting at the main reception desk 5 minutes prior. These tours are free of charge and no booking is necessary.

## Before Hospital Stay

### Childbirth Education Programs

Westmead Private Hospital offers a range of childbirth and parenting programs on site, each specifically designed to cater for individual needs such as first-time parents and those with parenting experience. These programs aim to prepare parents for the birth of their child and adjustments to family life.

Before the hospital stay we offer programs in:

- Childbirth and parenting
- Active birth
- Caesarean section
- Breastfeeding
- Physiotherapy sessions

## During Hospital Stay

### Infant Feeding Support Centre

This women's only space offers daily breastfeeding sessions, advanced lactation support, bedside assistance and respite care overnight if required. We are the only private hospital in NSW to receive the International Board of Lactation Consultant's "Care Award", recognition for excellence in breastfeeding and maternal support.

### Skin to Skin Bonding

We are dedicated to partnering with our mums towards meeting their breastfeeding goals. Women undergoing elective caesarean section and who fit our criteria are offered skin to skin contact with their baby in the recovery room immediately following the birth. Mum, baby and support person stay together during this transition before returning to our postnatal ward.

### Postnatal Education Programs

During your stay with us we offer a comprehensive postnatal education program provided by our maternity team, including:

- Breastfeeding classes
- Parenting skills
- Bathing demonstration
- New Dads classes
- Physiotherapy sessions



## After Hospital Stay

We continue to care for our mums and bubs once they leave hospital through the following free programs:

### Postnatal Support Clinic (2 hours)

Feeding, settling and sleep advice is offered by expert midwives and lactation consultants in a comfortable, relaxed atmosphere for up to 6 weeks post discharge.

### Infant Massage Workshops

Our specifically trained midwives in infant massage help new parents understand the correct strokes, ideal timing and length of massage for their newborn baby. This class is relaxing for both mum and baby.

### Postnatal Exercise Classes

We offer 3 free exercise classes. These classes are offered to our postnatal mums and aim to provide fitness and strength as well as to ease backache, continence issues and pelvic floor dysfunctions

## Maternity Fee Transparency

We believe it is important to have transparency of fees in relation to paediatric and maternity anaesthetic services. For privately insured maternity patients, the maximum out of pocket cost for paediatric services will not exceed \$300 and for maternity anaesthetic services will not exceed \$500.

## Maternity Short Stay Package

Our short stay package is designed for Medicare-only patients with no private health insurance who wish to have a baby in our maternity unit. The \$4000 package includes a 2 day stay (normal and caesarean deliveries), guaranteed private room, all meals, partner accommodation and support classes after hospital stay. Excludes Obstetrician and Anaesthetist fees.



Midwife Lisa Hardy with new mother Michelle Chapple



Special Care Nursery



Lounge Area



Parenting Suite

“A very special thank you to all the staff for all  
you’ve done for me, your kindness and thoughtfulness  
will never be forgotten. A million thanks!”



Some of our experienced surgeons; A/Prof Howard Lau, A/Prof Andrew Brooks, Dr Felix Chan and Dr Alan Tong





## Robotic Surgery

Westmead Private Hospital offers leading edge technology for the treatment of prostate, colorectal, gynaecological, neurosurgery, and orthopaedic knee procedures.

The da Vinci Si Surgical System, the ROSA Knee System and the Mazor Robotic Renaissance System enable our highly skilled surgeons to provide patients with superior minimally invasive surgical options for surgery.

The da Vinci robot at Westmead Private Hospital was the first system in Australia to offer single site incision capabilities and performed Australia's first partial nephrectomy using firefly imaging.

We also undertook the first lumbar fusion in the Southern Hemisphere using the ROSA robot.

Use of the da Vinci Si Surgical System, the ROSA Knee System and the Mazor Robotic Renaissance System represents the fastest growing treatment options for patients world-wide. This latest robotic technology is now the surgical tool of choice by surgeons for many procedures, particularly in minimally invasive surgery.

Westmead Private Hospital is committed to providing the best in health care, offering surgical options that achieve the most optimal outcomes for our patients.





“Professional, personal centered approach by the nursing staff, excellent at sharing tips & experience when required. Thank you!”

Western Sydney Private Oncology & Infusion Centre



WSPOIC nursing team

## Western Sydney Private Oncology & Infusion Centre (WSPOIC)

Westmead Private Hospital is also home to Western Sydney Private Oncology & Infusion Centre, which specialises in the care and support of patients receiving infusions, including cytotoxic therapies.

The Centre offers a bright and modern environment, with 8 chairs and 2 beds. Services available include:

- chemotherapy
- haematological treatments
- blood transfusions
- specialist drug infusions
- intravesical bladder treatments

Our compassionate team of Oncologists, Haematologists, Medical Physicians, Nurses and Allied Health Practitioners are committed to the wellbeing of all our patients to ensure they each receive the best care, support and education.

The team prides itself on providing personal and caring attention to each patient, assessing their current health, educating them about their particular disease and the treatment they will be receiving, as well as covering all possible side effects.

### Scalp Cooling Therapy

WSPOIC offers scalp cooling therapy for our patients. Scalp cooling offers patients the option to potentially not lose their hair whilst undergoing a course of chemotherapy.

### Massage Therapy

WSPOIC also offers massage therapy. Our experienced oncology massage therapists will provide complimentary hand and feet massages whilst undergoing treatment to assist in helping our patients relax.

**For more information visit:**  
**[www.westernsydneyoncology.com.au](http://www.westernsydneyoncology.com.au)**



## For General Practitioners

### Providing Exceptional GP Education

Westmead Private Hospital has been providing high quality GP education for the past 15 years. Our highly interactive and engaging educational sessions help our GP community to maintain and further develop their knowledge and expertise. We offer a wide range of programs with some of our leading specialists and allied health professionals delivering education that is relevant to everyday GP best practice.

All our GP education sessions are Royal Australian College of General Practitioner (RACGP) approved.

Learning is a lifelong journey and Westmead Private Hospital is proud to be providing a quality education program for General Practitioners.

For more information on our program please visit the GP tab on our website; [www.westmeadprivate.com.au](http://www.westmeadprivate.com.au)

### GP 'Meet and Greet' Sessions

Westmead Private Hospital also offers 'meet and greet' tailored education sessions for GPs and Practice Nurses. Sessions can be arranged early morning, lunch or after hours to fit in with GP's busy schedules. We have a range of specialists who are keen to visit and share their knowledge, discuss specific patient cases and offer advice and tips for GP best practice.

### GP Direct Access

Westmead Private Hospital recognises that at times it can be hard to find a specialist. We have implemented the GP Direct Access line to assist in improving our clinical pathways for GPs and their patients.

The GP hotline ensures we are easily accessible 24/7. We welcome GPs to call us if they are:

- Looking for a specialist to refer to in a specific area
- Need to find a specialist with a specific sub-specialty interest
- Seeking information on services available
- Require information on a patient that has been admitted to our hospital

**24 HOURS – 7 DAYS**

**GP Ezi  
Access**

**Direct Patient Admission Hotline**

**02 8837 8999**  
24hrs a day, 7 days a week

Westmead Private Hospital's new communication line solely for GP's to assist with improving clinical pathways for you and your patients.

**Please call our direct GP hotline to speak with a hospital representative who can assist you.**

**[www.westmeadprivate.com.au](http://www.westmeadprivate.com.au)**



## Outstanding Food- it's all about patients

Westmead Private Hospital is proud of the excellent standard of catering service we provide each day to our patients and visitors. We understand that the quality and taste of the food offered at our facility is a critical aspect of our patients' experience.

Our hotel-trained chefs are focused on creating a range of delicious menu options utilising high-quality and fresh produce. We realise that good nutrition is an essential part of patient care, as flavoursome and healthy food can encourage a patient to eat well and give them the key nutrients they require for a full and speedy recovery from surgery or illness. Our team value the finer details such as quality produce and immaculate presentation, which patients expect from a private facility.

All our food is cooked freshly on-site following strict Hazard Analysis Critical Control Point (HACCP) principles. We endeavour to meet the individual food requirements of our patients, whether therapeutic, special dietary requirements or dishes required for religious purposes.

Our hotel-trained Chefs and experienced Hotel Services Manager strive to ensure the consistent delivery of high quality food and food services to patients every day.



## Accreditation

The Hospital is fully accredited through the National Safety & Quality Health Service standards which ensures that the hospital provides the highest standards of service. Patient health, safety and comfort are the hospital's main concerns and Westmead Private Hospital continually monitors and evaluates its performance to achieve this outcome.



## Australian Firsts

Westmead Private Hospital is proud to be the first hospital in Australia to undertake a:

- Partial nephrectomy using state-of-the-art robotic technology with firefly imaging
- Hysterectomy via single site incision
- Single site robotic assisted sacrocolpopexy for Pelvic Floor Prolapse
- Implantation of the world's smallest cardiac monitor, Medtronic Reveal LINQ
- Totally robotic transanal Endoscopic Mucosal Resection (EMR) of a sessile polyp
- First lumbar fusion in the Southern Hemisphere using the ROSA robot





## Enquiries and Bookings

Our friendly reception staff are available to answer your enquiries 7 days per week from 6am-9pm

**Phone: (02) 8837 9000**

## Directions

The hospital is co-located with Westmead Public Hospital and Westmead Children's Hospital, positioned on the corner of Darcy and Mons Roads.

- 10 minute walk to Westmead train station
- Easy access to the M4 motorway
- Designated Westbus buses stop directly outside the hospital

## Parking

Ample parking is available on-site for visitors and patients and is easily accessible via both Mons & Darcy Roads. Please note parking charges apply. For further information please visit; **[www.westmeadprivate.com.au](http://www.westmeadprivate.com.au)**



## Westmead Private Hospital

Part of Ramsay Health Care

Corner Mons & Darcy Roads  
Westmead NSW 2145  
Ph: 02 8837 9000 Fax: 02 9687 9095  
[westmeadprivate.com.au](http://westmeadprivate.com.au)